

Summer class schedule 2024

All summer classes will be over ZOOM.

Final regular class - **10.00 am Sunday 4th August.**

Regular classes schedule will resume on **Monday 2nd September.**

See timetable below for dates and times.

Mondays	19 August 2023	26 August 2023
Pilates	10.00am - 11.00am	10.00am - 11.00am
Standing Pilates	11.30am - 12.00 noon	11.30am - 12.00 noon
Advanced Pilates	6.30pm - 7.30pm	6.30pm - 7.30pm
Pilates	7.30pm - 8.00pm	7.30pm - 8.00pm
Tuesdays	20 August 2023	27 August 2023
Pilates	10.00am - 11.00am	10.00am - 11.00am
Pilates	6.50pm - 7.50pm	6.50pm - 7.50pm
Pilates	8.00pm - 9.00pm	8.00pm - 9.00pm
Wednesdays	21 August 2023	28 August 2023
Pilates	10.00am - 11.00am	10.00am - 11.00am
Pilates	6.50pm - 7.50pm	6.50pm - 7.50pm
Pilates	8.00pm - 9.00pm	8.00pm - 9.00pm